



**LGBTIQ+ SPECIALIST PEER
SUPPORT, INFORMATION, &
REFERRAL FOR YOU, YOUR
FRIENDS, AND FAMILY
PHONE & CHAT**

1800 184 527

QLIFE.ORG.AU

3PM-12AM / 365 DAYS

**QLife is a national phone and
webchat peer support service**

**Free and anonymous,
talk to peers from
LGBTIQ+ communities**

**Connect for a chat,
ask us about referrals,
or check out resources on our website.**

Open 3PM-Midnight/365 days a year



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